




Winter Programs

AT A GLANCE

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| <p>Little VanGogh Local Artists! 0-6yrs 9:30am-10:30am Jan 22 - Feb 12 at YMCA Castle Downs *Parented</p> <p>Little Movers 0-6yrs 9:30am-10:30am Feb 26 - March 18 at YMCA Castle Downs *Parented</p>  <p>Triple- P Online Parent Education 6pm-8pm Jan 22 - March 18 Break Feb 19 Online</p> | <p>Bright Minds Adventures 2.5-6yrs 9:30am-11:30am Jan 23-March 12 At KARA</p> <p>Caregiver Cafe 9:30am-11:30am Jan 23-March 12 at KARA</p> <p>Family Lunch 11:30-12:00pm</p> <p>Afterschool Adventures 6-12yrs 3:30pm-5:00pm Jan 23 - March 19 at Dunluce</p> <p>Family Book Club Online With Centre for Family Literacy 3-6yrs Jan 16-March 19 6:15pm-7:00pm Online</p> | <p>Wellness Wednesday Family Evenings Dinner at 5pm Programs from 5:30pm-7:00pm</p> <p>Date Night (Budget Power!) Adult Education Jan 24 - March 6 Break Feb 14 5pm-7pm</p> <p>Let's Get Messy! 2.5-6yrs Jan 24 - March 6 Break Feb 14 5pm-7pm</p> <p>Friendship Factory 6-12yrs Jan 24 - March 6 Break Feb 14 5pm - 7pm</p> <p>Limited childcare spaces available for infants.</p> | <p>Bright Minds Adventures 2.5-6yrs 9:30am-11:30am Jan 25-March 14 At KARA</p> <p>Indigenous Triple P Creating Hope Society Parent Education 9:30am-11:30am Jan 25 - March 14 At KARA</p> <p>Family Lunch 11:30-12:00pm</p> <p>Rhymes that Bind With CFL 0-3yrs 10:30am-11am Jan 18-March 21 *Parented</p> <p>Afterschool Adventures 6-12yrs 2:30pm-4:30pm Jan 25 - March 21 at Dunluce</p> <p>Kids in the Kitchen 6-12yrs 2:45pm-4:30pm Jan 25 - March 21 At KARA</p> |  <p>COW Corner 0-6yrs 9:30am-11am Jan 19 - March 22 at YMCA Castle Downs *Parented</p> <p>Books & Bites 0-6yrs 10am-11am Feb 2 - March 15 at Dunluce *Parented</p>  |

All our programs are FREE to the public.