



FREE FAMILY FUN ON

February 19

at Castle Downs Family YMCA

FACILITY HOURS **Feb 19: 8am–7pm**
Feb 20: Closed

FEB 19 ACTIVITIES

- ALL DAY: fitness centre *(age restrictions apply)*
- 11–11:45am: family Zumba
- 12–3:30pm: family open gym
- 1:30–3:30pm: family crafts
- 1:30–6:30pm: family swim *(WIBIT 1:30–3:30pm)*



Sign up now at
ymcanab.ca/familydayweekend

Drop-in by checking in at the front desk or at ymcanab.ca/familyday. Government-issued ID required for adults 18+ years of age. Children under 8 years of age must be accompanied by a parent or guardian.

